

## Universities and Boards

C. G. Jung Institute Zürich  
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The institute offers training programs in psychotherapy as well as various programs in continuing education.

Languages of teaching: German and English  
Number of students: 270 from 40 countries

The C. G. Jung Institute Zurich is accredited by the Swiss Charta for Psychotherapy, [www.psychotherapiecharta.ch](http://www.psychotherapiecharta.ch). The Institute is under the jurisdiction of the Board of Justice and accredited by the Board of Health of the Canton of Zurich. The Institute is also an organizational member of National Association for the Advancement of Psychoanalysis, NAAP, phone +1 212 741 05 15. As an international organizational member of NAAP, the Institute aligns with policies of the American Board for Accreditation which accredits institutes in the United States.

The Institute was established in 1948 as a Foundation to train analysts and psychotherapists and create a centre for research in Analytical Psychology. C. G. Jung (1875-1961), famous Swiss psychiatrist and psychotherapist and one of the most significant thinkers of the twentieth century, he himself designed the concept and supervised its activities until his death.

Analytical psychology aims at integration and maturation of the personality. It does not view psychic problems simply as disturbances that lead to mental and physical disease and can be treated apart from the person as a whole. There are in fact two therapeutic goals that cannot be separated: individuation and healing of psychic disturbances.

Jung originally developed his methods at the Psychiatric Hospital "Burghölzli". He was not primarily interested in abstract theories, but in effective therapeutic means for helping persons deal with their present needs and contributing to their mental development. So his methods – face to face conversation, active imagination, creative work with dreams, fantasies – can be applied in a clinical setting as well as in private practice.

The C. G. Jung Institute awards a Diploma in Analytical Psychology and Psychotherapy. This diploma certifies that the recipient is capable of conducting an independent practice with adults (Program E), with children and adolescents (Program K), with both of the above (Program C).

The institute's training program (duration: in general 8 to 10 semesters) consists of three areas:

- the personal analysis (300 hours), which serves the candidate's maturational process, and which is the core of the training
- the acquisition of a certain body (about 400 hours) of theoretical and academic knowledge

- the analytical and therapeutic work with clients (300 hours), which is done under the supervision of Training and Control Analysts (personal supervision: min. 80 hours, case colloquia: min. 60 hours)

It also includes 3 seminar papers on symbolic materials and at the end of the training a diploma thesis.

There are Propaedeuticum and Diploma Examinations on subjects such as Fundamentals of Analytical Psychology, Comparative Developmental Psychology, Comparative Theory of Neurosis, Fundamentals of Psychiatry and Psychopathology, Clinical Psychiatry, Diagnosis and Therapy, Psychology of dreams, Comparative Religion, Fundamentals in Ethnology, Psychology of Myths and Fairy Tales, Psychological Understanding of Pictures, Symbols of the Individuation Process, Individual Case

**Admission:**

The C. G. Jung Institute Zürich accepts applications for the general training (Program E) from persons with graduate degrees in all academic fields (at least a master's degree or its equivalent). Program K (for the time being only offered in German) accepts applications from persons who have graduated from a university-level higher education program or who have the Swiss Matura or its equivalent and have also completed additional specialist training and a diploma in the area of psychology, education or health-related fields.

Non-Swiss citizens can only be accepted for the whole training (including work with clients) if they fulfil the requirements for obtaining a residency and working permit from the Swiss immigration authorities. The Institute generally gets a permit also for persons age 50 or older. There is also the possibility to study on the basis of a tourist visa and after Propaedeuticum do client work in one's home country commuting for courses and supervision.

**Costs:**

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| - Costs of living (for 1 month)                           | CHF 2000-2500 |
| - Fees for personal analysis and supervision (for 1 hour) | CHF 100-160   |
| - Tuition (for 1 semester)                                | CHF 2400-2600 |
| - Examinations  | CHF 900-2900  |

Application on forms from the Institute.

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