

Seminar 215
Deep Listening / The healing power of music
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These seminars will explore the use of music and active imagination as healing modalities which access the emotional, instinctual and archetypal levels of the psyche. This process deepens the analytic work allowing the analysand to actively engage with the contents of the unconscious and connect directly with the emotions, which Jung declares to be the chief source of consciousness. We will share how deep Listening can be used to facilitate the individuation process, giving case examples and opportunities for direct experience of this powerful force.